

# BENEFITS OF Well



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asrt.org/author**guide** 

## Revising a Paper for Publication is as Easy as 123!

#### **STEP 1 Convert to AMA**

Although the APA and AMA style manuals each have hundreds of pages of guidelines, the most important aspect that you should change is the references. Rather than alphabetizing your references, number your reference list. References should appear in the order in which they are cited within the article.



For more information, visit ASRT's Author Guide: asrt.org/authorguide.

### **STEP 2** Have a Peer Read It

While this is not essential, you might want to ask a peer or an instructor review your paper for clarity. Another good strategy is to read the paper aloud to yourself. Often, you find grammatical errors or omitted words by doing this. You might want to wait a few days between your final edits and reading the manuscript again.

#### STEP 3 Submit!

You should be ready to submit your paper-turned-manuscript to an ASRT journal. Visit **asrt.msubmit.net** and create a free account. Upload your files, including any images you may have used and the corresponding permissions. The process should take less than 20 minutes. Then, you can relax! Most authors will receive a decision within 45 days. If your article requires revisions, be sure to follow the reviewers' suggestions and then resubmit your manuscript.

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